

Hjortensbergsrundan 5 km  
Petterbergsrundan 2,5 km

Start och mål: Ekensberg, NOK-stugan  
Datum: **2018-10-17**  
Väder: + 10 grader  
Underlag: asfalt

| Män 5 km |                    |                      |       |
|----------|--------------------|----------------------|-------|
| 1        | Oskar Ervning      | LK Nyköpings Runners | 18,14 |
| 2        | Per Nilsson        | LK Nyköpings Runners | 18,27 |
| 3        | Jan Johansson      | LK Nyköpings Runners | 18,30 |
| 4        | Joakim Rinaldo     | LK Nyköpings Runners | 20,31 |
| 5        | Tobias Brohlin     | LK Nyköpings Runners | 23,09 |
| 6        | Jan-Olov Andersson | LK Nyköpings Runners | 27,38 |
| 7        | Tommy Ericsson     | LK Nyköpings Runners | 28,18 |
| 8        | Thomas Antonsson   | LK Nyköpings Runners | 28,18 |
| 9        | Leif Franzén       | LK Nyköpings Runners | 28,44 |
| 10       | Ronnie Eriksson    | LK Nyköpings Runners | 34,00 |

| Kvinnor 5 km |                   |                      |       |
|--------------|-------------------|----------------------|-------|
| 1            | Anna Ekholm       | LK Nyköpings Runners | 21,54 |
| 2            | Helen Pahverk     | LK Nyköpings Runners | 29,27 |
| 3            | Viveka Rüffel     | LK Nyköpings Runners | 31,19 |
| 4            | Jenny Andersson   | SLK Oxelösund        | 32,17 |
| 5            | Katarina Eriksson | LK Nyköpings Runners | 34,00 |

| Män 2,5 km |               |                      |       |
|------------|---------------|----------------------|-------|
| 1          | Jan Andersson | LK Nyköpings Runners | 16,01 |
| 2          | Lars Dennevi  | LK Nyköpings Runners | 18,10 |
| 3          | Hans Jonsson  | LK Nyköpings Runners | 27,15 |

| Kvinnor 2,5 km |                 |                      |       |
|----------------|-----------------|----------------------|-------|
| 1              | Sirpa Munne     | LK Nyköpings Runners | 18,08 |
| 2              | Gunilla Franzén | LK Nyköpings Runners | 23,17 |