

# Resultat Nyårsloppen



## 31 december 2017 "Sista Chansen" Ekensberg

underlag: terräng och asfalt

distans: ca. 5 km

väder: + 3 grader

föresättning: 2 st terrängrundor med klosskastning i bildäck efter varje terrängrunnda och ev. straffrundor vid miss samt 2,5 km asfalt (Petterbergstrundan)

### Män

|    |                        |                      |       |
|----|------------------------|----------------------|-------|
| 1  | Jonas Ahlgren          | IFK Nyköping         | 21,31 |
| 2  | Joakim Rindaldo        | LK Nyköpings Runners | 21,34 |
| 3  | Tommy Ericsson         | LK Nyköpings Runners | 24,57 |
| 4  | Jan-Olov Andersson     | LK Nyköpings Runners | 27,00 |
| 5  | Anders Lindgren        | NBIS                 | 27,03 |
| 6  | Mohammad Reza Monfared | Front Runners        | 27,26 |
| 7  | Leif Franzén           | LK Nyköpings Runners | 30,07 |
| 8  | Thomas Antonsson       | LK Nyköpings Runners | 30,17 |
| 9  | Kaj Adelborg           | LK Nyköpings Runners | 30,40 |
| 10 | Dick Jansson           | LK Nyköpings Runners | 31,23 |
| 11 | Sam Curtis             |                      | 31,53 |
| 12 | Kjell Damstedt         | LK Nyköpings Runners | 53,28 |

### Kvinnor

|   |                  |                      |       |
|---|------------------|----------------------|-------|
| 1 | Frida Jardeing   | Svanvägen Runners    | 26,37 |
| 2 | Anna Ekholm      | LK Nyköpings Runners | 27,19 |
| 3 | Anna Askbom Husa | Svanvägen Runners    | 31,28 |
| 4 | Lova Jansson     |                      | 31,46 |
| 5 | Helen Pahverk    | LK Nyköpings Runners | 32,17 |
| 6 | Matilda Jarding  | Svanvägen Runners    | 33,04 |
| 7 | Sirpa Munne      | LK Nyköpings Runners | 37,01 |
| 8 | Jenny Andersson  | SLK Oxelösund        | 38,24 |
| 9 | Viveka Rüffel    | LK Nyköpings Runners | 44,21 |

## 1 januari 2018 "Första loppet" Ekensberg

underlag: terräng  
distans: ca. 3 km  
väder: +3 grader, regn



|            |                  | Etapp 1              | Etapp 2     | Etapp 3       | Etapp 4     | Totaltid |         |
|------------|------------------|----------------------|-------------|---------------|-------------|----------|---------|
|            |                  | Parkeringen          | Tomterundan | Fotbollsmålen | Parkeringen |          |         |
|            |                  | ca. 200 m            | ca. 2 km    | ca. 500 m     | ca. 200 m   |          |         |
| <b>Män</b> |                  |                      |             |               |             |          |         |
| 1          | Per Nilsson      | LK Nyköpings Runners | 00:36,2     | 08:03,0       | 01:12,6     | 00:37,1  | 10:29,0 |
| 2          | Jan Johansson    | IK Nynäs             | 00:42,1     | 08:11,0       | 01:14,2     | 00:39,0  | 10:46,3 |
| 3          | Joakim Rinaldo   | LK Nyköpings Runners | 00:40,0     | 08:17,0       | 01:10,4     | 00:40,0  | 10:47,4 |
| 4          | Jonas Ahlgren    | IFK Nyköping         | 00:35,7     | 08:48,0       | 01:10,7     | 00:35,4  | 11:09,7 |
| 5          | Tommy Ericsson   | LK Nyköpings Runners | 00:46,1     | 09:21,0       | 01:21,7     | 00:45,8  | 12:14,6 |
| 6          | Daniel Ericsson  |                      | 00:38,2     | 09:52,0       | 01:19,5     | 00:41,5  | 12:31,2 |
| 7          | Jesper Broberg   | LK Nyköpings Runners | 00:50,1     | 09:49,0       | 01:24,0     | 00:50,8  | 12:53,9 |
| 8          | Anders Lindgren  | NBIS                 | 00:36,4     | 11:17,0       | 01:18,4     | 00:36,8  | 13:48,6 |
| 9          | J-O Andersson    | LK Nyköpings Runners | 00:50,5     | 10:35,0       | 01:33,5     | 00:50,8  | 13:49,8 |
| 10         | Leif Franzén     | LK Nyköpings Runners | 00:51,6     | 11:30,0       | 01:36,7     | 00:49,3  | 14:47,6 |
| 11         | Kaj Adelborg     | LK Nyköpings Runners | 01:00,0     | 11:51,0       | 01:42,2     | 01:00,0  | 15:33,2 |
| 12         | Dick Jansson     | LK Nyköpings Runners | 00:56,1     | 12:50,0       | 01:42,7     | 00:55,7  | 16:24,6 |
| 13         | Thomas Antonsson | LK Nyköpings Runners | 01:15,0     | 14:46,0       | 02:06,8     | 01:01,0  | 19:08,8 |
| 14         | Kjell Damstedt   | LK Nyköpings Runners | 01:06,0     | 19:38,0       | 02:47,9     | 01:13,0  | 24:44,9 |
|            | Lars Dennevi     | LK Nyköpings Runners | 01:35,0     |               |             | 01:30,0  |         |

|                |                 | Etapp 1              | Etapp 2     | Etapp 3       | Etapp 4     | Totaltid |         |
|----------------|-----------------|----------------------|-------------|---------------|-------------|----------|---------|
|                |                 | Parkeringen          | Tomterundan | Fotbollsmålen | Parkeringen |          |         |
|                |                 | ca. 200 m            | ca. 2 km    | ca. 500 m     | ca. 200 m   |          |         |
| <b>Kvinnor</b> |                 |                      |             |               |             |          |         |
| 1              | Anna Ekholm     | LK Nyköpings Runners | 00:40,4     | 09:29,0       | 01:18,1     | 00:39,5  | 12:07,0 |
| 2              | Lova Jansson    |                      | 00:46,8     | 11:25,0       | 01:28,7     | 00:44,4  | 14:24,9 |
| 3              | Helen Pahverk   | LK Nyköpings Runners | 01:09,0     | 12:22,0       | 01:58,9     | 01:11,0  | 16:40,9 |
| 4              | Jenny Andersson | SLK Oxelösund        | 01:08,0     | 14:51,0       | 02:09,8     | 01:01,0  | 19:09,8 |
| 5              | Sirpa Munne     | LK Nyköpings Runners | 01:06,9     | 15:24,0       | 02:13,5     | 01:05,8  | 19:50,2 |
|                | Viveka Rüffel   | LK Nyköpings Runners | 01:13,0     | 19:09,0       |             |          |         |